



CF Series Dynamic and CF Series Evolution Monitor Arms

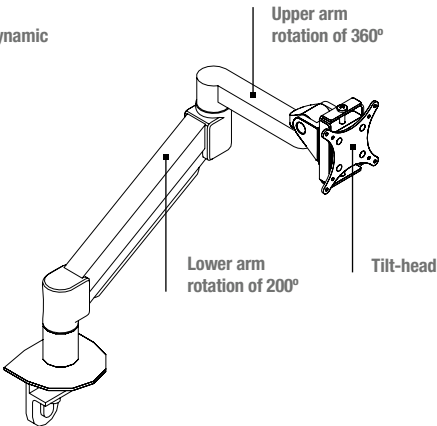
User Guide

CF Series Dynamic and CF Series Evolution Monitor Arms

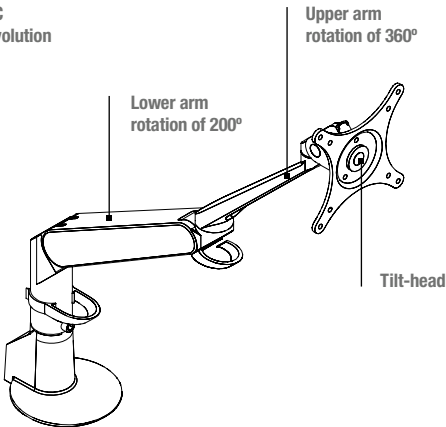
For single or dual monitors, the CF Series Dynamic and CF Series Evolution Monitor Arms secure screens in the optimal position to meet a wide range of employees' needs. Easily bring monitors closer for detailed work or move them farther away with the touch of a hand.

CF Series arms support a wide range of monitor sizes and weights.

CF500
CF Series Dynamic

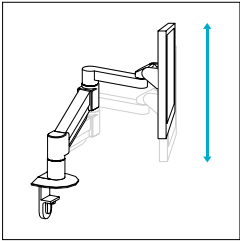


CFESARMCC
CF Series Evolution



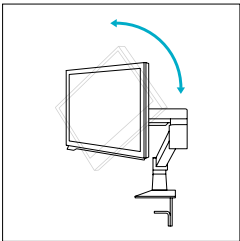
CF Series Dynamic and CF Series Evolution Monitor Arm Controls

No tools are needed to adjust the CF Series arms for height, viewing angle or focal length.



HEIGHT ADJUSTMENT

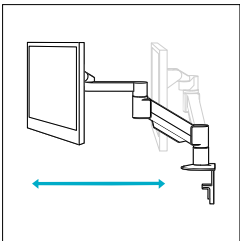
To adjust the height of the monitor, simply move the monitor to a height that works for you.



VIEWING ANGLE ADJUSTMENT

The viewing angle of the monitor can be easily adjusted by simply rotating the monitor to suit your viewing needs. The spring-assisted tilt-head is easy to maneuver and allows the monitor to be positioned for either portrait or landscape orientation.

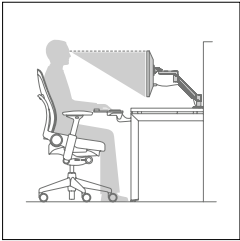
- Providing plenty of movement, the tilt-head has a forward and backward tilt. The tilt-head provides 360° of rotation, for portrait to landscape orientation.



FOCAL LENGTH ADJUSTMENT

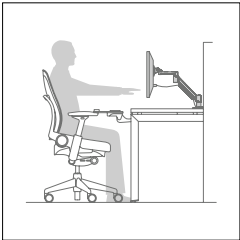
For comfort, easily bring monitors closer for detailed work or move them farther away with the touch of a hand, without altering the height or angle of the screens.

Basics of Monitor Arm Positioning



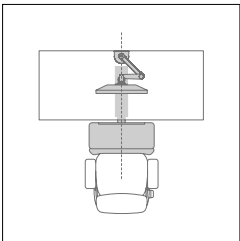
HEIGHT ADJUSTMENT

Top of the display should be positioned at or slightly below eye level.



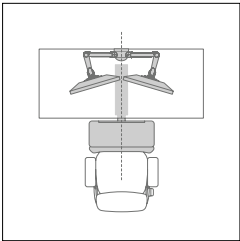
DISTANCE

Display should be 20" to 30" from the eyes or approximately an arm's length away.



ALIGNMENT

Proper alignment is the key to preventing strain. Computer display, keyboard and mouse should be centered to allow you to see the display without looking downward or to either side. Mouse should be accessible without twisting or reaching. Reference documents should never be flat on the desk and should be at the same height as or aligned with the display, or above the keyboard and below the display.



DUAL-DISPLAY ALIGNMENT

If using two displays, position the display used more often closer. If you will use the displays equally, center them directly in front and angle them in a slight inward "V" shape.

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